**Seven Gifts of the Holy Spirit Cheat Sheet**

**Wisdom** is the gift of knowing the right choices to make to live a holy life. The gift of wisdom helps you to avoid the things that could lead you away from God.

**Understanding** is the gift of comprehension, or the ability to grasp the meaning of the teachings of the Church. The gift of understanding helps you be tolerant and sympathetic of others. It helps you sense when someone is hurting or in need of compassion.

**Right Judgment, or Counsel**, is the gift of prudence. The gift of right judgment helps you make choices to live as a faithful follower of Jesus.

**Courage, or Fortitude**, is the gift that helps you stand up for your faith in Christ. The gift of courage helps you overcome any obstacles that would keep you from practicing your faith.

**Knowledge** is the gift of knowing and enlightenment. The gift of knowledge enables you to choose the right path that will lead you to God. It encourages you to avoid obstacles that will keep you from him.

**Piety**, or Reverence, is the gift of confidence in God. This gift of reverence inspires you to joyfully want to serve God and others.

**Fear of the Lord**, or Wonder & Awe is the gift of wonder and respect that encourages you to be in awe of God. The gift of wonder and awe moves you to so love God that you do not want to offend him by your words or actions.